

Friday Chili & Muffin Day!

As the chilly days approach, the 5th grade class will be serving a delicious bowl of homemade vegetarian chili accompanied by a corn muffin.



Chili Fridays will begin **October 12th** and continue through **March 1** (16 weeks total). Each hearty serving (approx. 1-1/2 c. of chili for regular portion, 2 1/4 c. for large) will be accompanied by a corn muffin. Cheese will also be available to top the chili. The chili is made with beans, tomatoes, organic corn and peppers and is completely **vegan and gluten free**. Gluten free/ dairy free corn muffins are also offered for an additional cost.

*Please return the bottom portion of this form to Tracie Couch, along with your check payable to "SWS Class of 2022," no later than **Friday, September 28th**.*

Please contact Liz Pargament by email (pargament@comcast.net) with any questions.

Each diner must provide his or her own bowl!
Afternoon Garden Children MAY participate.

Friday Chili & Muffin Day

(Indicate preferences with an "X")

Student Name	Grade	Regular Serving	Large Serving	GF/ DF Muffin?*	Extra Muffin?***

_____ Full 16 weeks of Chili Friday (Oct. 20- Mar. 16): **Regular \$68.00/ Large \$88.00**

* **GLUTEN FREE/ DAIRY FREE Corn Muffin:** **Regular \$76.00/ Large \$96.00**

Extra (Regular) Corn Muffin: **Regular \$76.00/ Large \$96.00

